

Bouquet - a workshop with Michelle Hall

Cube Space

Friday, 8th of March 2024, 2pm

Artist **Michelle Hall** explores the use of natural materials in her practice, followed by a participatory workshop.

Michelle will lead participants in a series of practical text-based and image-making exercises, with techniques including collage and auto-poetry, exploring the sensory and healing qualities of plant matter through the participants' own creative explorations.

The workshop runs from 2pm to 3.30 in the Cube Space. It will be a relaxed event, with a fluid start time allowing for up to ten minutes for participants to settle at tables in the pink performance space. For participants with a visual impairment, an audio describer can use this time to describe some of the images Michelle will use in her presentation, as well as describe the bouquet of materials she has provided for each participant, including furs, plants and other sensory materials.

Michelle will then deliver a presentation in the performance space, for roughly twenty minutes, followed by a break. For the remainder of the session there will be a relaxed and practical workshop. There will be ten participants, and the tables are arranged in a U shape in the performance space, with some movement from table to table to experience a broad range of the materials at hand. An audio describer is available throughout this practical part of the session to facilitate participation, as required.

Michelle Hall has a slender build, and long, auburn hair, and wears glasses. She is dressed casually, with a knitted sleeveless cardigan, jeans and lilac shoes.

She is a neurodivergent visual artist and educator based in Dublin. Recent exhibitions include **Remembering the Future** at **VISUAL Carlow 2023**, and solo show **(R)OARS** at **Draíocht Gallery** in 2022. Hall's practice is supported by the Fingal Arts Office Artist Support Scheme 2023, which funded her participation in courses and performance events at Salzburg International Summer Academy of Fine Arts 2023.

Events at the festival deal with topics of Disability, Access and Ableism. Additional trigger warnings for this event are: Climate Emergency, Well-being. Please note the Cube Space is designated as a masked space.